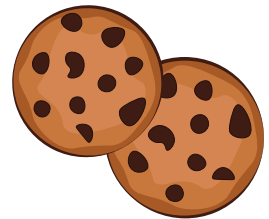# Discover DIGITAL

WHAT ARE COOKIES?

You may have seen notifications pop up when you use a website which ask you if you agree to "cookies" being used.
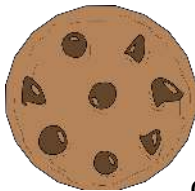
WHAT ARE COOKIES?

Cookies are a small packet of letters and numbers downloaded to your device when you use a website. They do a number of things, like remembering your preferences or what you have put in your shopping basket, or counting the number of people looking at the website.

DO I HAVE TO AGREE TO COOKIES

Some cookies are necessary for the website to work properly. Some are optional, and the website has to give you a choice about whether to agree to optional cookies or not. Some websites outside of the UK may show a notification stating that you can't use their website without agreeing to their optional cookies. You then need to make a decision about if you want to use the website with these conditions.

ARE COOKIES DANGEROUS?

Cookies are not computer programs or viruses so they are not dangerous to use. However, some cookies grant permission for your data to be given to third parties. If you don't want your information to be used this way, you should read the information about the optional cookies for the website and make your decisions based on what the cookies are used for.

References
https://ico.org.uk/your-data-matters/online/cookies/
https://www.aboutcookies.org/